



The Hesitant Flower Fable

A Story about the importance of communicating feelings of attraction.

Ian Iris was crazy about Day Lily, but he was afraid to tell her how he felt. Was Ian doomed to be alone forever?



The Hesitant Flower

“Day is so beautiful,” Ian said to himself. “I want to spend more time with her. She’s brilliantly orange in color, and she’s so thoughtful. Too bad she wants to be with Tom.”

Ian often saw Day Lily during the spring. He closed up emotionally when he was near her and resorted to the usual pleasantries before moving on with his day. Later, Ian’s frustration would set in because he hadn’t shared his feelings.

Meanwhile, Day spent time with her friend, Tom Tulip. Even though she sometimes disagreed with Tom, Day liked the way he said what was on his mind. Still, she didn’t feel any sparks with Tom. Day wondered if she’d ever find another flower that saw something special in her and wanted her as a partner.

One day, a gust of wind blew and when Day looked up, she saw Ian Iris there beside her.

“Hi, Day. How are you?”

“I am practically getting scattered to the wind! But, it’s good to see you!” Day wrapped her long, thin leaves around her lower stem for support against the gusty breeze.



Ian took a deep breath. Hesitantly, Ian replied, *“I am okay, but I would be happier if you would be my special flower. I think about you all the time and I want to get to know you better.”*

Day’s petals opened wide. She felt happy.

“That is wonderful,” she exclaimed. *“I’ve been thinking the same thing about you!”*

Ian rejoiced and from that day forward, he and Day spent their days together, enjoying each other's company.

Moral: He who hesitates to share his feelings often misses out on the best things in life.



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Ian Iris was afraid to share with Day Lily how he felt about her.

Although Ian had known Day for a while and thought she was quite attractive, he kept those feelings to himself. He thought about her frequently and realized he cared about her very much. Yet, he had convinced himself that the two of them wouldn't become a couple. Ian believed that Day Lily was sweet on Tom Tulip.

Although Ian's and Day's paths would occasionally cross, he would simply be polite and fail to mention how he felt about her. It was apparent that Ian had made some assumptions about Day that he hadn't verified.

In the end, Ian shared his feelings with Day. When he was able to see and hear Day's reaction to his honesty, he was thrilled with the results.

Like Ian, you may find yourself attracted to someone you occasionally see. **You might be hesitant to share your feelings in fear of rejection.** Or perhaps, like Ian, you might assume the person you're interested in is already involved with someone else.

Sharing your feelings can be pretty scary. You may be afraid that the person you're interested in doesn't share the same feelings.



However, if you avoid sharing how you feel, you may be passing up the opportunity for a great relationship.

Even if it doesn't turn out the way you had hoped, at least you were honest. Plus, you'll finally know where you stand with that person and can stop wondering.

Communicate earnestly with others. Who knows? A wonderful relationship could blossom.

Self-Reflection Questions:

1. Do I routinely share how I feel with others? If not, why am I hesitant to do so?
2. When was the last time I opened up to another person and talked about my feelings?
3. If I want to tell someone I am attracted to them, what words could I use?

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